

CHINMAYA VIDYALAYA NTPC UNCHAHAR, RAEBARELI, UP

SYLLABUS BREAK UP 2024-25







MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT - ENGLISH

| S.NO. | MONTH | TOPIC/CHAPTER | SUB TOPIC | ACTIVITY |
|-------|-------|---|---|--------------------------------|
| 1 | APRIL | Theme 1-Me and My Family. All about me Nina & her family | GRAMMAR 1. Alphabetical Order 2. The missing letters 3. Naming Words | PHONICS CHART |
| 2 | MAY. | Theme 1-Me and My Family. I Am Glad I am Me | GRAMMAR 4. Common & Proper Nouns 5. One & Many | POEM RECITATION |
| 3 | JUNE | SUMMERBREAK | | |
| 4 | JULY | Theme 2-Me and My Friends My friend in the mirror My Best friend | · GRAMMAR 6. Sentences 7. Gender 8. A & An 9. Is, Am, Are | I AM SPECIAL(SCARP BOOK) |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT - ENGLISH

| 5 | AUGUST | Theme 3-Festivals Esha's Diwali A ride with Santa | GRAMMAR 10. Has, Have 11. This, That, These, Those 12. Opposites 13. Action Words | '.DIYA MAKING |
|---|-----------|--|--|--|
| 6 | SEPTEMBER | EV-1 EXAM | GRAMMAR 14. Describing Words 15.I,You,He,She,It 16. We,You,They | |
| 7 | OCTOBER | Theme 4-Around Us Gleem learnt a Lesson Mice are Nice | GRAMMAR 17.In,On,Under, Near,Over 18. Was, Were 19. Words that tell us how 20. Joining Words | PICTIONARY RHYMING WORDS ACTIVITY |
| 8 | NOVEMBER | Theme 5 – In the Neighbourhood Playing in the park At the market | VOCABULARY 21. Word Puzzle 22. Word Power 23. Word Game | DESCRIBING APICTURE(PLA CE) HELPERS ACTIVITY |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT - ENGLISH

| 9 | DECEMBER | NeignbournoodCommunity Helpers | VOCABULARY 24. Word Jumble 25. Classification of Words 26. Word Spell | |
|----|----------|---|--|--|
| 10 | JANUAURY | | COMPOSITION 27. Creative Writing 28. Picture Composition 29. Comprehension | |
| 11 | FEBRUARY | REVISION | | |
| 12 | MARCH | EV-3 EXAM | | |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT - MATHS

| S.`NO | MONTH | TOPIC/CHAPTER | SUB TOPIC | ACTIVITY |
|-------|-------|---|--|--|
| 1 | APRIL | UNIT 1 : Revision UNIT 2 : Numbers upto 20 | Comparision Counting of Numbers from 1to9 The Concept of Zero Counting of Numbers from 1 to 10 Counting of Numbers from 11 to 20 Before and After In Between Comparison of Numbers Smallest and Biggest Numbers Increasing order and Decreasing order | COMPARIN G REAL LIFE OBJECTS |
| 2 | MAY. | UNIT 3 : Addition of numbers up to 20 | Addition of Numbers by Counting Objects Addition of Numbers on a Number Line Addition of Numbers by Drawing Vertical Lines Addition of Three Numbers. Addition of Numbers by Counting Objects Addition of Numbers on a Number LineAddition of Numbers by Drawing Vertical LinesAddition of Three Numbers Word Problems | BEADS ADDITION LADYBUG ADDITION |
| 3 | JUNE | SUMMERBREAK | | |
| 4 | JULY | UNIT 4: SUBTRACTION OF NUMBERS UP TO 20 | Subtraction of Numbers by Taking Away Objects Vertical Subtraction (withobjects) Subtraction of Numbers on a Number Line Subtraction of Numbers in Row (by Vertical Lines) Vertical | ROLL & SUBTRACT |
| | | | Subtraction (by Vertical Lines)Word Problems | |



MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT - MATHS

| 5 | AUGUST | UNIT 5: Numbers up to 100 | Counting of Numbers from 21 to 30 Counting of Numbers from 31 to 40 Counting of Numbers from 41 to 50 Read Aloud the Numbers 1-100 Skip Counting Before and After In Between Greater Than, Less Than and Equal to Increasing Order Decreasing Order Odd and Even Numbers Expanded Form of a Number | '.FLASHCARDS SKIP COUNTING HOPSCOTCH |
|---|-----------|---|--|---|
| 6 | SEPTEMBER | UNIT 6: Addition of Numbers up to 99 EV-1 EXAM | Addition of Two NumbersAddition of Three NumbersAddition PropertyWord Problems | READ & SING YOUR NUMBERS |
| 7 | OCTOBER | UNIT 7: Subtraction of numbers upto 99 UNIT 8: Multiplication of numbers | Subtraction of One-Digit number Subtraction of Two-DigitNumber Word Problems Skip Counting Multiplication as Repeated Addition Multiplication Tables Word problem | MULTIPLICATI ON WHEEL ADDITION TOWER |
| 8 | NOVEMBER | UNIT 9: Ordinal numbers UNIT 10: Money | Ordinal Numbers Up To Tenth Ordinal Numbers Up To Twentieth Coins and Currencies Word Problems | ORDINALS BUZZ FIZZ MONEY PUZZLE ORDINAL NUMBER PUZZLE |





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| 9 | DECEMBER | UNIT 11: Time | Read The Time Hours and Minutes Days in a Week Months in a Year | PAPER PLATE CLOCK MAKING HULA HOOP CLOCK |
|----|----------|--------------------------------|--|--|
| 10 | JANUAURY | UNIT 12: Geometrical shapes | Common shapes | CREATING SHAPES ON DOT GRID SHEET |
| 11 | FEBRUARY | REVISION | | |
| 12 | MARCH | EV-3 EXAM | | |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT - EVS

| S.NO. | MONTH | TOPIC/CHAPTER | SUB TOPIC | ACTIVITY |
|-------|-------|--|--|---|
| 1 | APRIL | CHAPTER 1: MYSELF CHAPTER 2: MY BODY | Myself My Body My Senses | POEM HANDPRINT BUTTERFLY |
| 2 | MAY. | CHAPTER 3 : MY FAMILY CHAPTER 4: MY FOOD HABITS | Types of families `Types of food Sources of food | FAMILY TREE MAKE YOUR DAILY ROUTINE CHART |
| 3 | JUNE | SUMMERBREAK | | |
| 4 | JULY | 5. MY SWEET HOME 6. CLOTHES 7. AIR & WATER 8. KEEPIG HEALTHY | Kinds of houses Seasonal clothes Air & wind Uses & sources of water Personal cleanliness Health | Envelope Making Favourite dress Placard making (Save water) |





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| 5 | AUGUST | 9. GOOD MANNERS & HABITS 10. BE SAFE 11. NEIGHBOURS & NEIGHBOURHOOD | Good Habits Safety First AID Places of worship Our neighbourhood | Thankyou card for parents Making traffic lights |
|---|-----------|---|---|---|
| 6 | SEPTEMBER | EV-1 EXAM | REVISION | |
| 7 | OCTOBER | 12, MEANS OF RECREATION 13. MY COUNTRY 14 OUR HELPERS | Indoor & Outdoor games Festivals National Symbols National Festivals Community Helpers | LIST OF FESTIVALS(SCR APBOOK) NATIONAL SYMBOLS CHART |
| 8 | NOVEMBER | 15. ITS TIME TO TRAVEL 16. PLANTS AROUND US | Transports Parts of plant Uses of plants | TRANSPORT CHART GARDEN VISIT |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT - EVS

| 9 | DECEMBER | 17. AMAZING WORLD OF ANIMALS EV- 2 EXAM | Types of Animals Animals & their homes Animals & their food | ANIMAL MASK MAKING |
|----|----------|--|---|-----------------------|
| 10 | JANUAURY | REVISION | | |
| 11 | FEBRUARY | REVISION | | |
| 12 | MARCH | EV-3 EXAM | | |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT - ART

| S.NO. | MONTH | TOPIC/CHAPTER | SUB TOPIC |
|-------|-------|---|---|
| 1 | APRIL | 1 -CIRCLES 2-DOTS 3-OUTLINE 4-OUTER LINES 5 - RAINBOW | · COLOUR THE CIRCLES · JOIN THE DOTS · OUTLINE THE SHAPES TRACE THE OUTER LINES |
| 2 | MAY. | 6- BALL 7-UMBRELLA 8- INDEPENDENCE DAY 9- KITE | COLOUR THE PICTURE COLOUR THE FLAG COLOUR THE KITE |
| 3 | JUNE | SUMMERBREAK | |
| 4 | JULY | 10-BEETLE 11-ROCKET 12-FISH 13- CHRISTMAS | COLOUR THE PICTURE PAPER FOLDING JOIN THE DOTS |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT - ART

| | | AN ECLIPSE | FILL THE COLOUS |
|---|-----------|------------------------|-----------------|
| | | THE LION | COLOUR IT |
| 5 | AUGUST | EASY DRAWING | SKETCHING |
| | | FOUNTAIN | PATTERN |
| | | FLOWER | PATTERN |
| 6 | SEPTEMBER | | |
| | | HAIR TEXTURE | SKETCHPEN |
| | | KITES | MAZE DESIGN |
| 7 | OCTOBER | HOLI TIME | PATTERN |
| | | APPLE & BRINJAL | COLLAGE |
| | | THE BAT | HAND PRINT |
| 8 | | | |
| | | BLOW COLOURING ART | BLOW PRINTING |
| | NOVEMBER | THE SUN | HAND PRINT |
| | | FISH | TISSUE PAPER |
| | | FUN WITH TROPICAL FIHS | ACTIVITY |
| | | | |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT - ART

| 9 | DECEMBER | PENGUIN GLASS PAINTING | GLITTER FUN FLOWERS |
|----|----------|------------------------|------------------------|
| | | EV- 2 EXAM | |
| 10 | JANUAURY | | |
| 11 | FEBRUARY | REVISION | |
| 12 | MARCH | EV-3 EXAM | |



MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1

SUBJECT - VALUE EDUCATION

| S.NO | MONTH | TOPIC/CHAPTER | SUB TOPIC | ACTIVITY |
|------|-------|---|-----------------------------|---|
| • | | 1. PHYSICAL FITNESS | 1. MANU SMILES AGAIN | Physical Develpoment |
| 1 | APRIL | 2. HANDLIN G EMOTIONS | T CHEESE | Emotional Development |
| | | 3. KINDLING THE INTELLECT | p. THE SOMTING | Intellectual Development |
| 2 | MAY. | 4. SPIRITUAL PHILOSOPHICAL CONCEPTS | 4.ROHAN'S JOURNEY! | Spiritual Development |
| | | 5. FESTIVALS | 5. TOTU BRINGS IN HOLI | Indian Culture |
| 3 | JUNE | SUMMERBREAK | | |
| 4 | JULY | 6. NATIONAL SYMBOLS 7. ENVIRONMENTAL EDUCATIO N | 7. RAGHAV FINDS A FRIEND | Patriotism Universal Outlook Physical |
| | | 8. FOOD & NUTRITION | 8. EAT A FOOD RAINBOW | Development |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT - VALUE EDUCATION

| | | | | 1 |
|---|-----------|--|--|---|
| 5 | AUGUST | 9. EMOTIONAL EXPANSION 10. MANAGEMENT 11. SPIRITUAL TECHNIQUES 12. CUSTOM & TRADITION | 10THE BODY GETS WOKING TOGETHER 11. HANUMAN'S GIANT LEAP | Emotional Development Intellectual Development Spiritual Development Indian Culture |
| | | | CULTURE | |
| 6 | SEPTEMBER | EV- 1EXAM | | |
| 7 | OCTOBER | 13. CONTRIBUTION TO THE WORLD 14. VASUDHAIVA KUTUMBAKAM 15. PHYSICAL GROOMING 16. MENTAL HEALTH | YOGA 14. WE ARE FAMILY | Patriotism Universal Outlook Physical Development Emotional Development |
| 8 | NOVEMBER | 17. AESTHETICS 18. SPIRIUAL VALUES | 17. INTELLECTUAL DEVELOPMENT 18. THE BLIND BEGGAR | Patriotism Spiritual Development |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT - VALUE EDUCATION

| 9 | | 19. CULTURAL MOTIVATION | 19. THE MAN WHO GREW A FOREST | Indian Culture |
|----|----------|----------------------------|----------------------------------|----------------|
| | DECEMBER | 20. CIVIC CONSCIOUSNESS | 20. THE DISAPPEARING | PATRIOTISM |
| | | EV- 2 EXAM | DUSTBINS | |
| 10 | JANUAURY | | | |
| 11 | FEBRUARY | REVISION | | |
| 12 | MARCH | EV-3 EXAM | | |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT -GK

| S.NO. | MONTH | TOPIC/CHAPTER | SUB TOPIC | ACTIVITY |
|-------|-------|---------------|--|----------|
| 1 | APRIL | I ENVIRONMENT | WILD ANIMALS LAND & WATER ANIMALS BEAUTIFUL FLOWERS FRUITY-VEGGIE CROSSWORD MATCH THE BABIES | |
| 2 | MAY. | INDIA | SEASON SEARCH KNOWING INDIA INDIA:MIXED BAG LEARNING ABOUT LANDFORMS | |
| 3 | JUNE | SUMMERBREAK | | |
| 4 | JULY | SCIENCE | · FIVE SENSES · ABOUT AIR · IN THE SKY · USEFUL MACHINES · SORTING THINGS OUT | |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT - GK

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|---|-----------|---|---|
| 5 | AUGUST | LANGUAGE &LITERATURE ART & ENTERTAINMENT | COMPOUND WORDS WHAT'S THE OPPOSITE KNOW YOUR BOOK LOVEABLE CARTOONS WHERE'S THE MUSIC? |
| 6 | SEPTEMBER | EV- 1EXAM | |
| 7 | OCTOBER | SPORTS | PERFECT PASTIME GAMES WE PLAY SPORTS STARS |
| , | OCTOBER | WORLD | FASCINSATING MONUMENTS GUESSING FOOD WHERE IN THE WORLD? |
| 8 | NOVEMBER | BRAINSTORMING LIFESKILLS | CONCEPTS THROUGH PICTURE THE WORDS BOARDGAME WAYS TO GREET OTHERS WATER IS PRECIOUS SPOTLIGHT ON SAFETY |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT - GK

| 9 | DECEMBER | MIXED BAG EV- 2 EXAM | CELEBRATIONS ON THE JOB | |
|----|----------|-------------------------|----------------------------|--|
| 10 | JANUAURY | | • | |
| 11 | FEBRUARY | REVISION | | |
| 12 | MARCH | EV-3 EXAM | | |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT – GAMES & SPORTS

| S.NO. | MONTH | TOPIC/CHAPTER | SUB TOPIC | ACTIVITY |
|-------|-------|-------------------|----------------------------------|--------------------------|
| 1 | APRIL | P T WITH COUNTING | ТОР ТО ВОТТОМ | IN MORNING - ASSEMBLY |
| 2 | MAY. | YOGA | YOGA WOROUT | MUSICAL - YOGA |
| 3 | JUNE | SUMMER BREAK | SUMMER BREAK | SUMMER BREAK |
| 4 | JULY | AEROBICS | STRETCHING AND STRENGTH TRAINING | RHYTHMIC WORKOUT |





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|---|-----------|-------------------------------------|-------------------------------|--------------------------|
| 5 | AUGUST | CARDIO EXERCISE WITH BALL | HAND AND FOOT COORDINATION | BALL EXERCISE |
| 6 | SEPTEMBER | CARDIO EXERCISE | FOOTWORK | JUMPING EXERCISE |
| 7 | OCTOBER | GENERALANDSPECIFICWARM UP SSS | HEALTHANDPHYSICAL- FITNESS | FULL BODY WORKOUT |
| 8 | NOVEMBER | CHILDRENS'DAY | RUNNING,SPOON RACE etc. | CHILDREN DAY CELEBRATION |





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| 9 | DECEMBER | ANNUAL SPORTS MEET | ANNUAL SPORTS MEET | ANNUAL SPORTS MEET |
|----|----------|-------------------------------|--------------------|-------------------------|
| 10 | JANUAURY | KICKING SKILL | INSIGHT FOOTPASS | FOOT COORDINATION |
| 11 | FEBRUARY | TRACK AND FIELD | JUMPING, HOPING, | EXERCISE WITH HURDLE |
| 12 | MARCH | BODY BALANCE - SSS WORKOUT | FLAMINGO | EXERCISE WITH MUSIC |





MONTHLY SYLLABUS BREAKUP-SESSION-(2024-25) CLASS – 1 SUBJECT – DANCE

| S.NO. | MONTH | TOPIC/CHAPTER | SUB TOPIC | ACTIVITY |
|-------|-------|-------------------------|---|-----------------|
| 1 | APRIL | INTRODUCTION OF DANCE | Different types of dance of indian culture. | Class activity. |
| 2 | MAY. | WESTERN DANCE SSS | Hip – hop and free style | Class activity. |
| 3 | JUNE | SUMMER BREAK | Summer break | Summer break |
| 4 | JULY | INTRODUCTION OF NAVRAS. | Face expressions. | Class activity. |





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|---|-----------|----------------------------|---------------------------------|----------------------------------|
| 5 | AUGUST | PATRIOTIC GROUP DANCE. | Different types of dance steps. | Independence day dance activity. |
| 6 | SEPTEMBER | FOLK DANCE | Different types of steps. | Solo dance. |
| 7 | OCTOBER | KATHAK BASIC STEPS. | Footwork and hand movements. | Class activity. |
| 8 | NOVEMBER | PRACTICE FOR ANNUAL DAY | Practice for annual day. | Annual day. |





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| 9 | DECEMBER | DANCE ON CHRISTMAS CAROLS | Freestyle steps. | Christmas day dance. |
|----|----------|--|--|----------------------|
| 10 | JANUAURY | RECAPITULATION OF ALL THE DANCES LEARNED THROUGHT THE YEAR | Recapitulation of all the dance learned throughout the year. | Revision |
| 11 | FEBRUARY | TEST | Test | Test |
| 12 | MARCH | EVALUATION - 3 | EVALUATION - 3 | EVALUATION - 3 |