## Chinmaya Vidyalaya NTPC Unchahar

## ANNUAL SYLLABUS BREAK UP

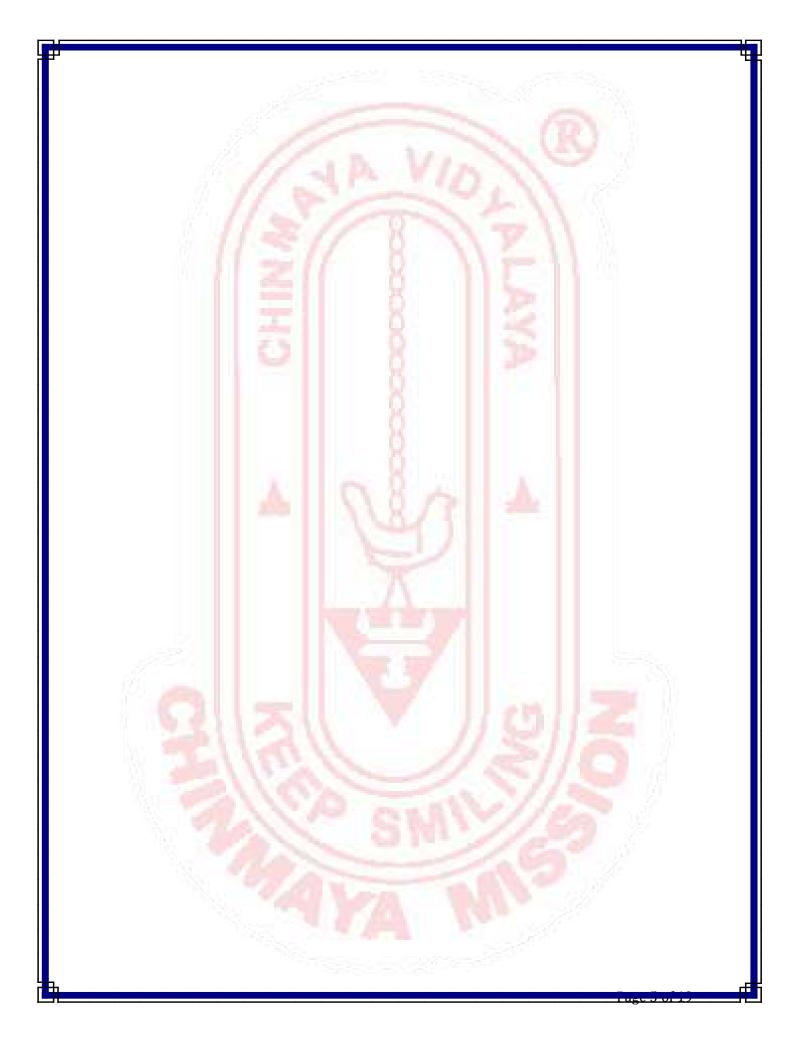
SESSION: 2025-2026

CLASS: 1

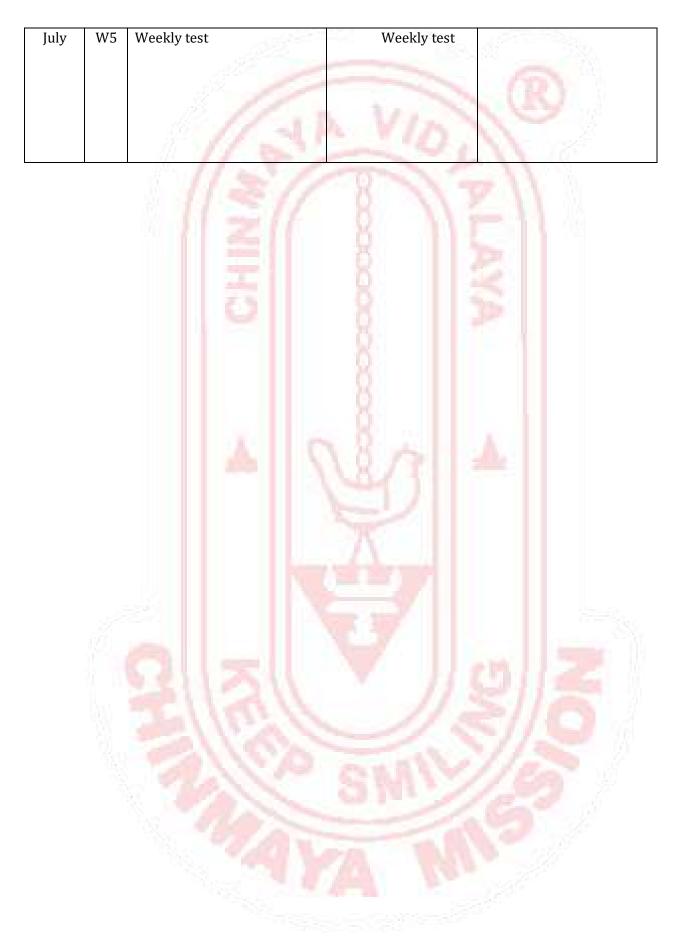
Month	Week	Topics	Sub Topics	Activities
April	W1	Revising last year syllabus	• Cursive writing	Rhyme Time
April	W2	Theme-Self Lesson 1- Me, Myself and I	<ul> <li>Poem recitation</li> <li>Rhyming words</li> </ul>	Making self portfolio
April	W3	Theme- Self, family, home and Pets Lesson 2- All about Tina	<ul> <li>Reading story</li> <li>New words</li> <li>Question and answer</li> </ul>	Making family tree
April	W4	Vowel sounds	<ul><li>Vowel sounds</li><li>One many</li></ul>	Making drawing of vowel sounds.
April	W5	Consonant sounds	• Consonants	Making consonant tree

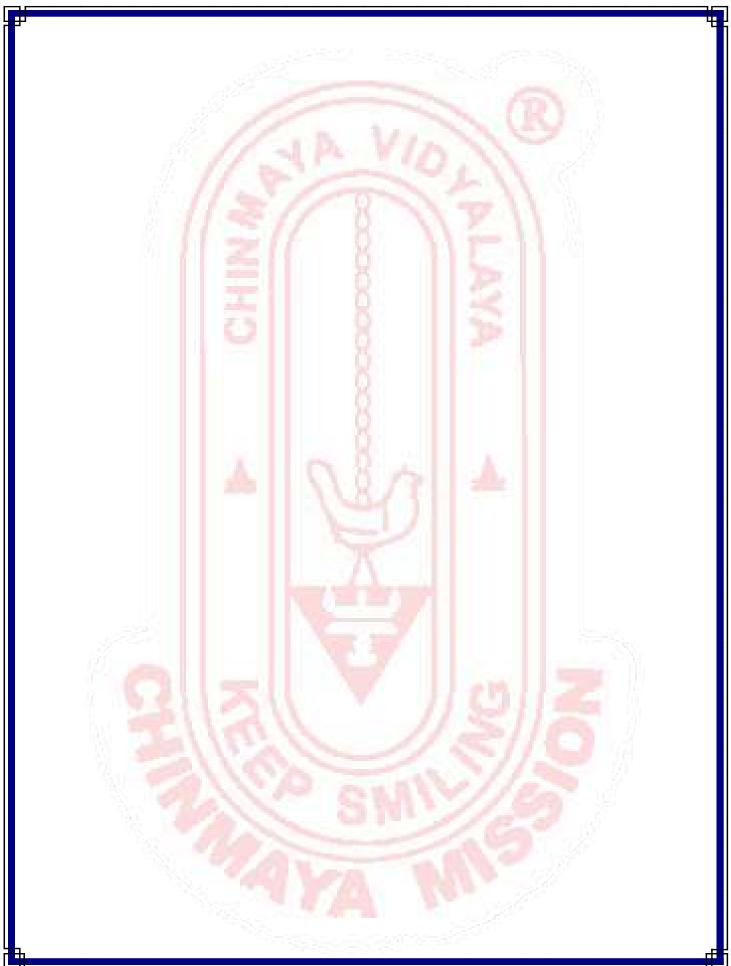
Month	Week	Topics	Sub Topics	Activities
May	W1	Theme- Self and friends Lesson-3 At School	<ul> <li>Reading     Story</li> <li>New     words</li> <li>Question     and     answer</li> </ul>	Collecting and pasting favourite things about best friend.
May	W2	Lesson-4 With a Friend	• Things related to friendship	Making friendship band.
May	W3	Summer vacation	Summer vacation	
May	W4	Summer vacation	Summer vacation	
May	W5	Summer vacation	Summer vacation	

### Subject: English Month Week **Topics Sub Topics** Activities W1 Summer vacation Summer vacation June Summer vacation June W2 Summer vacation Summer vacation June W3 Summer vacation Revising previous lessons Lesson 1 and 2 W4 June June W5 Revising previous lessons Lesson 3

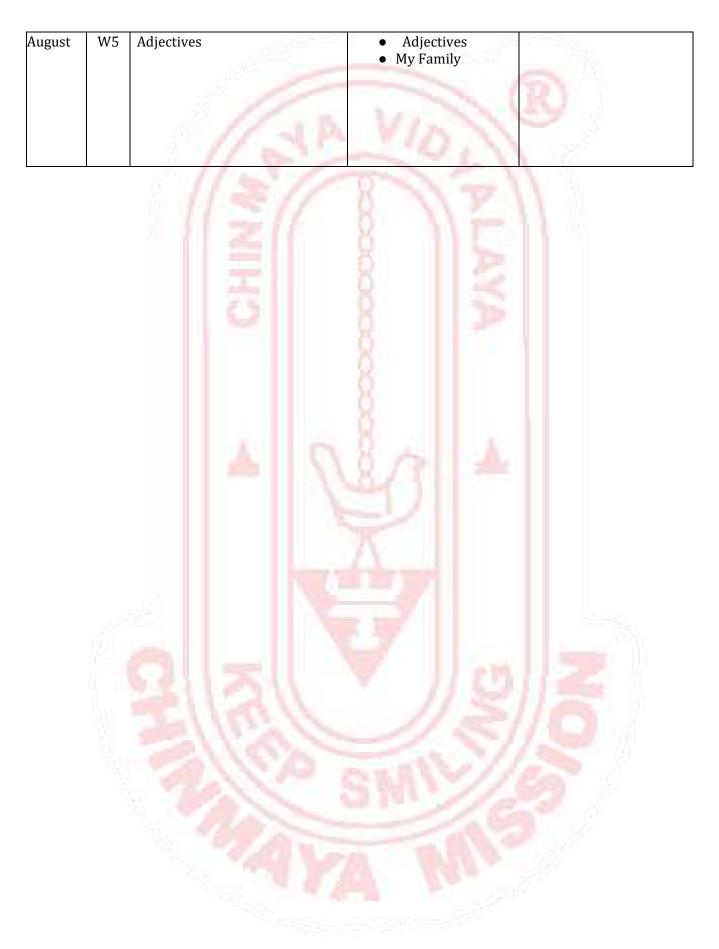


Subject: English				
Month	Week	Topics	Sub Topics	Activities
July	W1	Theme- Neighbourhood and community  Lesson 5- A trip around my neighbourhood	<ul> <li>Reading story</li> <li>New words</li> <li>Question and answer</li> </ul>	
July	W2	Use of a, an	• That / those • This / these	m a k e l i s t
				f y o u r n e i g h b o u
July	W3	My friend	<ul><li>My friend</li><li>Odd one out</li></ul>	3/6
July	W4	Pronouns	• He,she ,it	• Puzzle



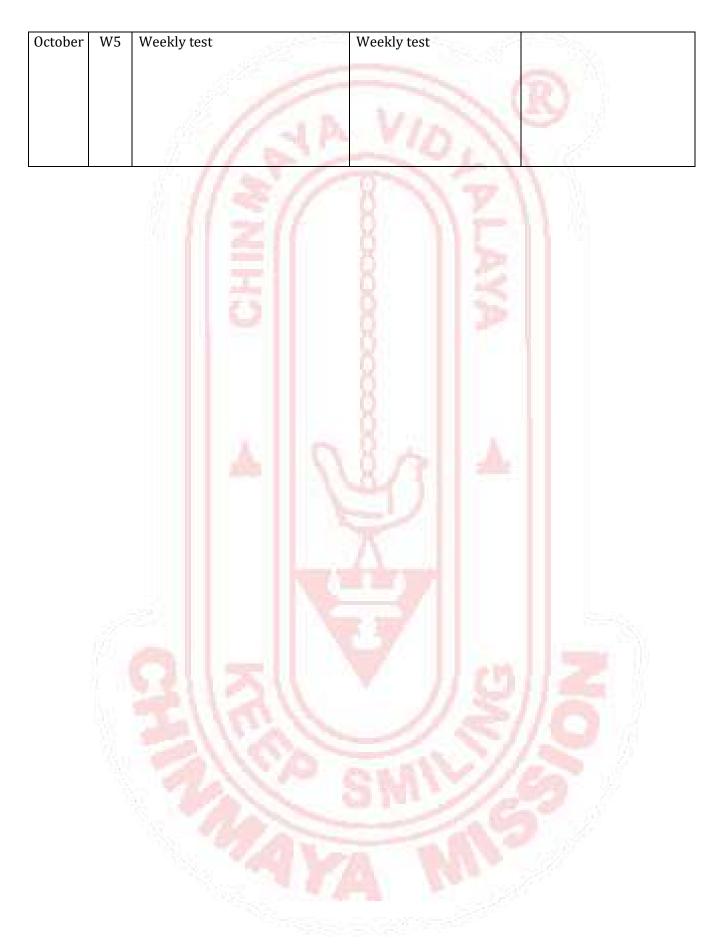


Subject: English					
Month	Week	Topics	Sub Topics	Activities	
August	W1	Theme- Animals  Lesson 6 - Wild beasts	<ul><li>Poem rectitation</li><li>rhyming words</li></ul>	m a z e	
August	W2	Theme- Peace and Harmony Lesson 7 – Not too tiny to help	<ul> <li>Reading story</li> <li>new words</li> <li>question and answer</li> </ul>	A n i m a l s o u n d a n d h o m e	
August	W3	Week names	<ul><li>week names</li><li>months names</li></ul>	puzzl e	
August	W4	Alphabetical order	<ul><li>Alphabetical order</li><li>Noun</li></ul>	Make drawing	



Month	Week	Topics	Sub Topics	Activities
September	W1	Revision	Revision	
September	W2	Revision	Revision	
September	W3	Half yearly exam starts	Half yearly exam starts	
September		Half yearly exam starts	Half yearly exam starts	
September	W5	Half yearly exam starts	Half yearly exam starts	

Subject: English						
Month	Week	Topics	Sub Topics	Activities		
October	W1	Theme- Sports  Lesson 8- Out in the garden	<ul> <li>Poem rectitation</li> <li>rhyming words</li> </ul>	D r a w i n g s p o t s		
October	W2	Theme- Environment Lesson 9- The Red Raincoat	<ul> <li>Reading story</li> <li>new words</li> <li>question and answer</li> </ul>	M a k i n g c o l l a g e		
October	W3	My pet Action eords	• Jumbled sentences/ words			
October	W4	Demonstrative words-	<ul> <li>That/ those</li> <li>this/ these</li> <li>Gender( male/ female)</li> </ul>			



Month	Week	Topics	Sub Topics	Activities
November	W1	Theme- Travel Lesson 10- Open a book	● Poem rectitation a k e a b o o o k m a r	
November	W2	Am, Is,Are, Was, Were	• is, am, are,was, were • My Pet	
November	W3	Preposition	<ul> <li>on, in ,under, over</li> <li>My favourite fruit.</li> </ul>	
November	W4	Punctuation	<ul> <li>Capital letter and full stop.</li> <li>Picture composition</li> </ul>	
November	W5	Weekly test	Weekly test	

Month	Week	Topics	Sub Topics	Activities
December	W1	Theme- Health Lesson 11- Stone soup	<ul> <li>Reading story</li> <li>new words</li> <li>question and answer</li> </ul>	p l a n t a t i o n
December	W2	Position words	<ul><li>position words</li><li>comprehension</li></ul>	
December	W3	Compound word	<ul><li>Compound word</li><li>My friend</li></ul>	
December	W4	picture composition	<ul> <li>Write 4 lines on</li> <li>The cartoon I like the most</li> </ul>	Making animal mask
December	W5	Weeklyt test	Weekly test	

Month	Week	Topics	Sub Topics	Activities
January	W1	Winter break	Winter break	
January	W2	Winter break	Winter break	
January	W3	Revising previous lessons	Revising previous lessons	
January	W4	Theme- Disaster management  Lesson 12- A fire drill session at school	<ul> <li>Reading story</li> <li>new words</li> <li>question and answer</li> </ul>	Drawing and colouring different festivals
January	W5	Comprehension	<ul><li>comprehension</li><li>Use of -And</li></ul>	

		S	Subject: English	
Month	Week	Topics	Sub Topics	Activities
ebruary	W1	Some-ly words	• Some-ly words	m a z e
ebruary	W2	Weekly test	Weekly test	
ebruary	W3	Use of S'	<ul><li>use of 's'</li><li>Good habbits</li></ul>	
bruary	W4	Revision for Annual	Revision for Annual	
ebruary	W5	Revision for Annual	Revision for Annual	J

Month	Week	Topics	Sub Topics	Activities
1arch	W1	Annual Exam commence	No.	
March	W2	Annual Exam commence	5	
March	W3	Annual Exam commence	43	
March	W4	Annual Exam commence		
March	W5	Annual Exam commence		

# **Examination Wise Syllabus Breakup 2025-26** Examination **Chapter No./Chapter Name Evaluation-1** Lesson 1 to 4 Evaluation 2 Lesson 5-8 exam Evaluation 3 Lesson 9-12

## Chinmaya Vidyalaya NTPC Unchahar

## ANNUAL SYLLABUS BREAK UP

SESSION: 2025-2026

CLASS: I

Subject : Maths

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Month	Week	Topics	Sub Topics	Activities
April	W1	Numbers up to 20	Numbers 1-5 → Counting, Number tracing, Number recognition	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions
April	W2	Numbers up to 20	Numbers 6-10 → Counting, Number tracing, Number recognition	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
April	W3	Numbers up to 20	Numbers 11-15 → Counting, Number tracing, Number recognition	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
April	W4	Numbers up to 20	Numbers 16-20 → Counting, Number tracing, Number recognition	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
April	W5	Addition up to 20	Addition within 5 → Basic addition concepts, Number bonds	Explanation, Basic Concept Demonstration, Hands-on Activities, Practice Questions

#### **Subject: MATH** Month Week **Topics Sub Topics** Activities W1 Addition up to 20 Addition within 6-10 → Number Bond Activities, May Basic addition concepts, Application through Word Number bonds Problems, Practice Questions W2 Addition up to 20 (Continued) Addition 11-15 → Interactive Exercises, May Basic addition Application through Practice concepts, Number Sheets bonds SUMMER BREAK May W3 **SUMMER BREAK** W4 May W5 **SUMMER BREAK** May

Month	Week	Topics	Sub Topics	Activities
June	W1	SUMMER BREAK		
June	W2	SUMMER BREAK	200000	
June	W3	SUMMER BREAK	0 8 A	£.
June	W4	Addition up to 20	Addition 16-20 → Basic addition concepts, Number bonds	Interactive Exercises, Application through Practice Sheets
June	W5	Subtraction up to 20	Subtraction within 5  → Basic subtraction concepts, Number bonds	Real-Life Applications, Word Problem Exercises Discussion

Month	Week	Topics	Sub Topics	Activities
July	W1	Subtraction up to 20	Subtraction 6-10 → Basic subtraction concepts, Number bonds	Real-Life Applications, Word Problem Exercises Discussion
July	W2	Subtraction up to 20	Subtraction 11-15 → Basic subtraction concepts, Number bonds	Real-Life Applications, Word Problem Exercises Discussion
July	W3	Subtraction up to 20	Subtraction 16-20 → Basic subtraction concepts, Number bonds	Real-Life Applications, Word Problem Exercises Discussion
July	W4	Space, Shapes, and Patterns	Basic Shapes → Recognition, Identification	Introduction, Shape Recognition Activities, Class Discussion
July	W5	Space, Shapes, and Patterns	Patterns → Recognition, Creation	Explanation, Pattern Creation, Hands-on Learning

Month	Week	Topics	Sub Topics	Activities
August	W1	Space, Shapes, and Patterns	Advanced Shapes → Recognition, Identification	Identification Exercises, Application-Based Learning
August	W2	Space, Shapes, and Patterns	Pattern Extension → Recognition, Creation	Identification Exercises, Application-Based Learning
August	W3	Numbers up to 100	Numbers 21-50 → Counting, Number tracing, Number recognition	Counting Practice, Writing Exercises, Discussion
August	W4	Numbers up to 100	Numbers 51-75 → Counting, Number tracing, Number recognition	Counting Practice, Writing Exercises, Discussion
August	W5	Numbers up to 100	Numbers 76-100 → Counting, Number tracing, Number recognition	Counting Practice, Writing Exercises, Discussion

		Subj	ect: MATH	
Month	Week	Topics	Sub Topics	Activities
September	W1	REVISION		N.C.
September	W2	REVISION	30000 30000	
September	W3	REVISION	\8\A\	
September	W4	REVISION		
September	W5	Addition and Subtraction	Addition within 50 → Basic addition concepts, Number bonds	Concept Explanation, Application, Practice Exercises

Month	Week	Topics	Sub Topics	Activities
October	W1	Addition and Subtraction <b>DUSSHERA BREAK</b>	Addition within 50 → Basic addition concepts, Number bonds	Concept Explanation, Application, Practice Exercises
October	W2	Addition and Subtraction	Addition and Subtraction Review → Mixed review	Concept Explanation, Application, Practice Exercises
October	W3	Addition and Subtraction DIWALI BREAK	Word Problems → Basic word problem concepts	Concept Explanation, Application, Practice Exercises
October	W4	Aultiplication  Introduction to  Multiplication → Basic  concepts, Arrays		Concept Explanation, Group Exercises, Discussion
October	W5	Multiplication	Multiplication within 10 → Basic concepts, Number bonds	Mixed Practice, Class Quiz, Group Work

Month	Week	Topics	Sub Topics	Activities
November	W1	Multiplication	Multiplication Review → Mixed review	Real-Life Applications, Practice Sheets
November	W2	Multiplication	Multiplication Word Problems → Basic word problem concepts	Real-Life Applications, Practice Sheets
November	W3	Measurement	Length → Units, Comparison Weight → Units, Comparison	Concept Introduction, Interactive Measurement Activities
November	W4	Measurement	Capacity → Units, Comparison Measurement Review → Mixed review	Hands-on Learning, Real-World Applications
November	W5	Measurement	Measurement Review → Mixed review	Explanation, Measuring Exercises, Application

Month	Week	Topics	Sub Topics	Activities
December	W1	Time and Calendar & Revision	Days of the Week → Recognition, Sequence  Months of the Year → Recognition, Sequence	Explanation, Fun Activities, Class Discussion
December	W2	Time and Calendar & Revision	Time → Basic time concepts	Mixed Review, Class Quiz, Fun Learning Activities
December	W3	Time and Calendar & Revision	Time and Calendar Review → Mixed review	Recap ,Mixed Review, Class Quiz, Fun Learning Activities
December	W4	Money	Introduction to Money → Recognition, Counting  Addition and Subtraction with Money → Basic concepts,	Counting coins, working with real money  Drawing each coin and note
December	W5	Money	Word Problems with Money → Application, Practice  Money Review → Mixed review	Practicing questions, Explanation, Discussion

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Month	Week	Topics	I Pu	Sub Topics	Activities
January	W1	WINTER BREAK	1	The same of the sa	
January	W2	WINTER BREAK		A	
January	W3	Data Handling	0	Introduction to Data → Collection, Organization Pictographs → Drawing and Interpretation	Explanation, Discussion  Making pictographs on real life situations and data
January	W4	Data Handling		Bar Graphs → Drawing and Interpretation Data Ha <mark>ndli</mark> ng Review → Mixed review	Making bar graphs on real life situations and data  Practicing questions, Explanation, Discussion
January	W5	REVISION FOR ANUUAL EXAMINATION	1		

Subject: MATH					
Month	Week	Topics	Sul	o Topics	Activities
Feb	W1	REVISION FOR ANUUAL EXAMINATION	2000	OF P	
Feb	W2	REVISION FOR ANU EXAMINATION	JUAL	No.	
Feb	W3	REVISION FOR ANUUAL EXAMINATION	287	1	
Feb	W4	REVISION FOR ANU EXAMINATION	JUAL		
Feb	W5	REVISION FOR ANU EXAMINATION	JUAL	18	No.

Month	Week	Topics	A.Dec	Sub Topic	S	Activities
Mar	W1	REVISION FOR ANUUAL EXAMINATION			P.	
Mar	W2	REVISION FOR ANU EXAMINATION	UAL		No.	
Mar	W3	REVISION FOR ANUUAL EXAMINATION	2	3	<u>.</u>	
Mar	W4	REVISION FOR ANU EXAMINATION	UAL			
Mar	W5	REVISION FOR ANU EXAMINATION	UAL		30	ð

Chapter No./Chapter Name
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## Chinmaya Vidyalaya NTPC Unchahar

## ANNUAL SYLLABUS BREAK UP

SESSION: 2025-2026

CLASS: I

Subject: EVS

## Subject: EVS

Month	Week	Topics	Sub Topics	Activities
April	W1	1: LIVING AND NON LIVING THINGS.	LIVING THINGS, NON LIVING THINGS,	SORTING OF THINGS AS LIVING, NON LIVING, NATURAL AND MAN MADE.
April	W2	LIVING AND NON LIVING THINGS.	NATURAL THINGS , MAN MADE THINGS .	WORK SHEET BASED ON THE TOPIC
April	W3	FAMILY AND NEIGHBOURHOO D.	ABOUT MYSELF, MY FAMILY.	FAMILY ALBUM
April	l l	FAMILY AND NEIGHBOURHOOD.	NEIGHBOURHOOD, CARING FOR NEIGHBOURHOOD	DRAW THE FAVOURITE PLACE OF YOUF NEIGHBOURHOD AND COLOUR IT.

	Subject:EVS				
Month	Week	Topics	Sub Topics	Activities	
May	W1	PLANTS AROUND US	TYPES OF PLANTS.	OUTDOOR VISIT	
May	W2	PLANTS AROUND US.	PARTS OF PLANTS.	OUTDOOR VISIT	
May	W3	SUMMER BREAK	SUMMER BREAK		
May	W4	SUMMER BREAK	SUMMER BREAK		
May	W5				

#### **Subject: EVS** Month Week **Topics Sub Topics Activities** W1 SUMMER BREAK June W2 SUMMER BREAK June W3 **SUMMER VACATION ENDS** June TYPES OF ANIMALS. OUTDOOR VISIT OR (SCHOOL REOPENS ON VISIT TO BIO LAB 20-06-2025) ANIMALS AROUND US. June W4 ANIMALS AROUND US. WHERE DO ANIMALS LIVE?, ANIMAL BABIES. PASTE THE PICTURES OF ANY 5 ANIMALS WITH THEIR BABIES. June W5

Mont h	Wee k	Topics	Sub Topics	Activities
July		FOOD AND HOMES OF ANIMALS.	FOOD OF ANIMALS .	CLASS ACTIVITY - ANIMAL CORNER.
July	W2	FOOD AND HOMES OF ANIMALS.	*HOMES OF ANIMALS.	SORTING OF ANIMALS ON THEIR EATING HABITS CLASS ACTIVITY
July	W3	OUR BODY AND SENSE ORGANS.	*SENSE ORGANS.	LABELING OF SENSE ORGANS ON A PHOTO
July	W4	OUR BODY AND SENSE ORGANS.	*FUNCTIONS OF SENSE ORGANS.	BLIND FOLD ACTIVITY
July	W5		*	

Month	Week			
WICHT	VV CCK	Topics	Sub Topics	Activities
August	W1	FOOD	*FOOD , KEEPING HEALTHY	*COLLECT THE PICTURES OF HEALTHY FOOD ITEMS.
August	W2	FOOD	*KEEPING CLEAN , GOOD HABITS.	SPEAK 5 LINES ON HEALTHY AND UNHEALTHY HABITS.
August	W3	SAFETY MEASURES.	SAFETY RULES AT HOME , SAFETY RULES ON THE ROAD	DRAW A TRAFFIC LIGHT AND EXPLAIN THE MEANING OF EACH COLOUR.
August	W4	SAFETY MEASURES.	OTHER SAFETY RULES.	SPEAK 5 LINES ON SAFE AND UNSAFE ACTIVITIES.
August	W5	REVISION FOR EVALUATION -1		

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Month	Week	Topics	Sub Topics	Activities
Septembe r	W1	REVISION		
Septembe r	W2	EVALUATION -1 STARTS FROM (10-09-2025)		
Septembe r	W3	EVALUATION -1		
Septembe r	W4	HALF YEARLY EXAM ENDS ( 23-09-2025) HOUSING AND CLOTHING	OUR HOUSE	MAKING A HOUSE.
Septembe r	W5	HOUSING AND CLOTHING	CLOTHES.	PASTE THE PICTURES OF ANY 3 CLOTHES WORN IN DIFFERENT SEASONS.

Month	Week	Topics	Sub Topics	Activities
October	W1	Dussehra Break 01-10-2025 to 04-10-2025) AIR	IMPORTANCE AND USES OF AIR.	
October	W2	WATER	USES OF WATER, SOURCES OF WATER.	
October	W3	WATER	STORING WATER, CLEAN WATER.	SPEAK 5 LINES ON TIPS TO SAVE WATER
October	W4	Deepawali Break 20-10-2025 to 23-10-2025 WEATHER	WEATHER.AND ITS TYPES.	POEM RECITATION ON SEASON/WEATHER
October	W5	WEATHER	SEASONS.	

Month	Week	Topics	Sub Topics	Activities
November	W1	THE EARTH AND OTHER HEAVENLY BODIES.	THE SUN ,THE MOON .	P A S T E
				T H E
				P I C T U R E
				O F
				D A Y T I M E
				A N D
				N I G H T
				T I M E
				S

				K Y
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November	VV Z	THE EARTH AND OTHER HEAVENLY BODIES.	THE EARTH, STARS.	
November	W3	ENRICHMENT CORNER		MAKING
		FUN ACTIVITY		OF CANDLE
				HOLDER.
November	W4		WORKSHEET	
		ENVIRONMENTAL AWARENESS.		
		TEST YOURSELF		
		TEST TOOKSEE		
November	W5	FOCUS OLYMPIAD	TEST PAPER.	

Month	Week	Topics	Sub Topics	Activities
Decembe r	W1	EVALUATION -2 STARTS		
Decembe r	W2	EVALUATION -2 ENDS		
Decembe r	W3	REVISION FOR EVALUATION -3		
Decembe r	W4	REVISION		
Decembe r	W5	REVISION		

Month	Week	Topics	Sub Topics	Activities
January	W1	-	-	
		MANAGED DDE AM		
		WINTER BREAK		
		01-01-2026		
January	W2			
		MINTED DDE AU		
		WINTER BREAK		
January	W3	DEMON		
		REVISION		
January	W4			
		REVISION .		
January	W5	DEVICION		
		REVISION		

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Month	Week	Topics	Sub Topics	Activities
February	W1	REVISION		
February	W2			
		REVISION		
February	W3	REVISION		
February		REVISION		
February	W5	REVISION		

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Month	Week	Topics	Sub Topics	Activities
March	W1	HOLI BREAK		
March	W2	ANNUAL EXAMINATION STARTS ( 07-03-2026 )		
March	W3	ANNUAL EXAMINATION ENDS (19-03-2026)		
March	W4			
March	W5			

#### **Examination Wise Syllabus Breakup 2025-26**

Examination	Chapter No./Chapter Name
EVALUATI	1. LIVING AND NON LIVING THINGS.
ON -1	2. FAMILY AND NEIGHBOURHOOD.
011-1	3. PLANTS AROUND US.
	4. ANIMALS AROUND US.
	4. AIVINALS AROUND OS.
EVALUATI	
	5. FOOD AND HOMES OF ANIMALS.
ON -2	6. OUR BODY AND SENSE ORGANS.
	7. FOOD.
	8. SAFETY MEASURES.
EVALUATI	9. HOUSING AND CLOTHING.
ON -3	10. AIR.
	11. WATER.
	12. WEATHER.
	13. THE EARTH AND OTHER HEAVENLY BODIES.
	15. THE EARTH AND OTHER HEAVENLY DODIES.

# Chinmaya Vidyalaya NTPC Unchahar

### ANNUAL SYLLABUS BREAK UP

SESSION: 2025-2026

CLASS: 1 A/B

Subject : Dance

Month	Week	Topics	Sub Topics	Activities	
April	W1	INTRODUCTION OF DANCE	Different types of dance of indian culture.	Class activity.	
April	W2	INTRODUCTION OF DANCE	Different types of dance of indian culture.	Class activity.	
April	W3	INTRODUCTION OF DANCE	Different types of dance of indian culture.	Class activity.	
April	W4	INTRODUCTION OF DANCE	Different types of dance of indian culture.	Class activity.	
April	W5	INTRODUCTION OF DANCE	Different types of dance of indian culture.	Class activity.	

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Month	Week	Topics	Sub Topics	Activities
May	W1	KATHAK STANDING POSITION.	Standing position with Clamudra.	ass activity.
May		KATHAK STANDING POSITION.	Standing position with Clamudra.	ass activity.
May		KATHAK STANDING POSITION.	Standing position with Clamudra.	ass activity.
May	W4	KATHAK STANDING POSITION.	Standing position with Clamudra.	ass activity.
May	W5	KATHAK STANDING POSITION.	Standing position with Clamudra.	ass activity.

			Subject: DANCE	
Month	Week	Topics	Sub Topics	Activities
June	W1	SUMMER BREAK	Summer break	Summer break
June	W2	SUMMER BREAK	Summer break	Summer break
June	W3	SUMMER BREAK	Summer break	Summer break
June	W4	SUMMER BREAK	Summer break	Summer break
June	W5	SUMMER BREAK	Summer break	Summer break

#### **Subject: DANCE** Month Week **Topics Sub Topics Activities** W1 INTRODUCTION OF Face expressions. Class activity. July NAVRAS. W2 INTRODUCTION OF Face expressions. Class activity. July NAVRAS. W3 INTRODUCTION OF Face expressions. Class activity. July NAVRAS. W4 INTRODUCTION OF Class activity. July Face expressions. NAVRAS. July INTRODUCTION OF Class activity. W5 Face expressions. NAVRAS.

Month	Week	166	Topics	Sub Topics	Activities
August	W1	PATRIOTIC	GROUP DANCE.	Different types of dance steps.	Independence day dance activity.
August	W2	PATRIOTIC	GROUP DANCE .	Different types of dance steps.	Independence day dance activity.
August	W3	PATRIOTIC	GROUP DANCE.	Different types of dance steps.	Independence day dance activity.
August	W4	PATRIOTIC	GROUP DANCE .	Different types of dance steps.	Independence day dance activity.
A at	NATE.	PATRIOTIC	CDOUD DANCE	Dicc 44	
August	W5	PATRIOTIC	GROUP DANCE.	Different types of dance steps.	Independence day dance activity.

Month	Week		Topics	Sub Topics	Activities
September	W1	FOLK	DANCE	Different types of steps.	Janmashtami celeberation
September	W2	FOLK	DANCE	Different types of steps.	Janmashtami celeberation
September	W3	FOLK	DANCE	Different types of steps.	Solo dance.
September	W4	FOLK	DANCE	Different types of steps.	Solo dance.
September	W5	FOLK	DANCE	Different types of steps.	Solo dance.

Month	Week	Topics	Sub Topics	Activities
October	W1	KATHAK BASIC STEPS.	Footwork and hand movements.	Navratri celebration
October	W2	KATHAK BASIC STEPS.	Footwork and hand movements.	Navratri celebration
October	W3	KATHAK BASIC STEPS.	Footwork and hand movements.	Class activity.
October	W4	KATHAK BASIC STEPS.	Footwork and hand movements.	Class activity.
October	W5	KATHAK BASIC STEPS.	Footwork and hand movements.	Class activity.

Month	Week	Topics	Sub Topics	Activities
November	W1	PRACTICE FOR ANN DAY	NUAL Practice for annual day.	Annual day.
November	W2	PRACTICE FOR ANN DAY	NUAL Practice for annual day.	Annual day.
November	W3	PRACTICE FOR ANN DAY	NUAL Practice for annual day.	Annual day.
November	W4	PRACTICE FOR ANN DAY	NUAL Practice for annual day.	Annual day.
November		PRACTICE FOR ANN DAY	NUAL Practice for annual day.	Annual day.

Month	Week	Topics	Sub Topics	Activities
December	W1	DANCE ON CHRISTMAS CAROLS	Freestyle steps.	Christmas day dance.
December		DANCE ON CHRISTMAS CAROLS	Freestyle steps.	Christmas day dance.
December		DANCE ON CHRISTMAS CAROLS	Freestyle steps.	Christmas day dance.
December		DANCE ON CHRISTMAS CAROLS	Freestyle steps.	Christmas day dance.
December		DANCE ON CHRISTMAS CAROLS	Freestyle steps.	Christmas day dance.

Month	Week	Topics	Sub Topics	Activities
January	W1	HAST MUDRAS.	Aral mudra and Hastak mudra.	Class activity.
January	W2	HAST MUDRAS.	Aral mudra and Hastak mudra.	Class activity.
January	W3	HAST MUDRAS.	Aral mudra and Hastak mudra.	Class activity.
January	W4	HAST MUDRAS.	Aral mudra and Hastak mudra.	Class activity.
January	W5	HAST MUDRAS.	Aral mudra and Hastak mudra.	Class activity.

Month	Week	Topics	Sub Topics	Activities
February	W1	RECAPITULATION OF ALL THE DANCES LEARNED THROUGHT THE YEAR	Recapitulation of all the dance learned throughout the year.	Revision
February	W2	RECAPITULATION OF ALL THE DANCES LEARNED THROUGHT THE YEAR	Recapitulation of all the dance learned throughout the year.	Revision
February	W3	RECAPITULATION OF ALL THE DANCES LEARNED THROUGHT THE YEAR	Recapitulation of all the dance learned throughout the year.	Revision
February	W4	RECAPITULATION OF ALL THE DANCES LEARNED THROUGHT THE YEAR	Recapitulation of all the dance learned throughout the year.	Revision
February	W5	RECAPITULATION OF ALL THE DANCES LEARNED THROUGHT THE YEAR	Recapitulation of all the dance learned throughout the year.	Revision

			3	Subject: DANCE	
/lonth	Week	di	Topics	Sub To	pics Activities
March	W1	TEST	NAN	Test	Test
Iarch	W2	TEST	5	Test	Test
Iarch	W3	TEST	٨	Test	Test
arch	W4	TEST		Test	Test
arch	W5	TEST	100	Test	Test

#### **Examination Wise Syllabus Breakup 2025-26**

Examination	Chapter No./Chapter Name
Evaluation – 1	Introduction of dance. Kathak standing position.
Evaluation – 2	Folk dance. Kathak basic steps.
Evaluation - 3	Dance on Christmas carols. Hast Mudras.
	A 783 A

# Chinmaya Vidyalaya NTPC Unchahar

### ANNUAL SYLLABUS BREAK UP

SESSION: 2025-2026

CLASS: I

Month	Week	Topics	Sub Topics	Activities	
April	W1	1 - COLOURS	COLOUR THE CIRCLES	DRAWING AND COLOURING	
April	W2	2- COLOUR PENCIL STROKES	JOIN THE DOTS AND COLOUR	DRAWING AND COLOURING	
April	W3	3- COLOURING	OUTLINE THE SHAPES	DRAWING AND COLOURING	
April	W4	4- COMPLEMENTARY COLOURS	DRAWING AND COLOURING	DRAWING AND COLOURING	
April	W5	5 - COLOURING	LINES DRAWING AND COLOURING	DRAWING AND COLOURING	

	Subject: Drawing						
Month	Week	Topics	Sub Topics	Activities			
May	W1	6- STICKERS	COLOUR THE PICTURE	DRAWING AND COLOURING			
May	W2	7- JOINING DOTS	COLOUR THE SHAPE AND JOINING	DRAWING AND COLOURING			
May	W3	8- ABSTRACT ART	COLOUR THE SHAPE	DRAWING AND COLOURING			
May	W4		V				
May	W5		SM				

Subject: Drawing						
Month	Week	Topics	Sub Topics	Activities		
June	W1	1/37				
June	W2	E	X X X			
June	W3	À	N 3 A			
June	W4					
June	W5	9- DRAW AND COLOUR	COLOURING THE OBJEC	T DWARING AND COLOURING		

#### **Subject: Drawing** Month Week **Topics Sub Topics Activities** 10- COLOURING COLOUR THE July W1 **DRAWING PICTURE** AND COLOURIG 11- STEPWISE DRAWING PAPER FOLDING July ORAGAMI 12- COLLAGE **JOIN THE DOTS** July W3 **DRAWING** 13- TRACE AND COLOUR PAPER TRACING OF July **ORAGAMI** DRAWING PATTERN **CREATING SHAPE** W5 July DRAWING AND COLOURING

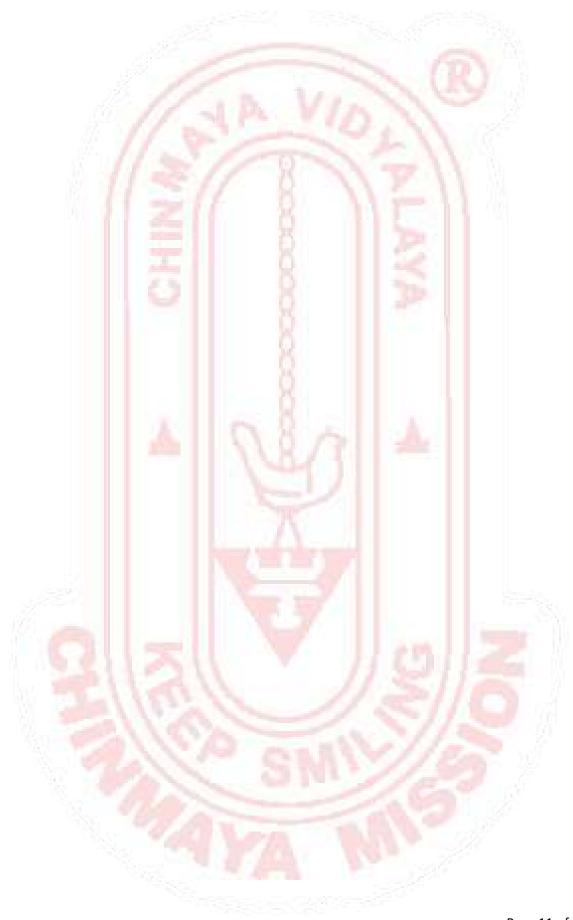
Month	Week	m de	C.I.m. :		
	W CCK	Topics	Sub Topics	Activities	
August	W1	14. HANDPRINT	PRINT TAKING WITH HANDS	DRAWING AND COLOURING	
August	W2	15. COLOURING	COLOUR SHAPE	DRAWING AND COLOURING	
August	W3	16. STEPWISE DRAWING	SKETCHING	DRAWING AND COLOURING	
August	W4	17. SPRAY ART	PATTERN CREATING WITH SPRAY	DRAWING AND COLOURING	
August	W5	18. JOIN THE DOTS AND COLOUR	PATTERN CREATING	DRAWING AND COLOURING	

Month	Week	Topics	Sub Topics	Activities
September	W1	19. PATTERNS	SKETCHPEN	DRAWNG
September	W2	20. FINGER AND THUMB IMPRESSION	IMPRESSION TAKING	DRAWING AND COLORING
September	W3	21. STICKERS	PATTERN	DRAWING AND COLORING
September	W4	24. CRAYON ETCHING	ETCHING PROCESS	NEW TECHNIQUE
September	W5	25. ORIGAMI CRAFT	COLLAGE	PAPER CUTTING AND PASTING

Month	Week	Topics	Sub Topics	Activities
October	W1	26. COLOURING	HAND PRINT	PRINT TAKING
October	W2	27. STICKERS	BLOW PRINTING	FUN ACTIVITY
October	W3	28. CONSTRUCTION SHEET	CONSTRUCTION OF SHAPE	CONSTRUCTION
October	W4	29. BLACKBOARD	COLOURING	DRAWING AND COLOURING
October	W5	30. TEACHER'S NOTES	TISSUE PAPER ACTIVITY	FUN ACTIVITY

Month	Week	Topics	Sub Topics	Activities
November	W1	PENGUIN	SHAPE DRAWING AND COLOURING	DRAWING AND COLOURING
November	W2	GLASS PAINTING	GLITTER FUN	FUN ACTIVITY
November	W3	PEACOCK	HAND PRINT	FUN ACTIVITY
November	W4	RANGOLI	GLITTER FUN	FUN ACTIVITY
November	W5	FISH	THUMB PRINT	FUN ACTIVITY

Month Week Tonics Sub Tonics Activities				
December		CARD	Sub Topics  CARD MAKING FOR BEST FRIEND	Activities  FUN ACTIVITY
December	W2	HOUSE	DRAWING AND COLOURING	FUN ACTIVITY
December	W3	CHRISTMAS CARD	CARD MAKING	FUN ACTIVITY
December	W4	CHRISTMAS TREE	CRAFT	FUN ACTIVITY
December	W5	SANTA	DRAWING AND COLOURING	FUN ACTIVITY



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## Chinmaya Vidyalaya NTPC Unchahar

## ANNUAL SYLLABUS BREAK UP

SESSION: 2025-2026

CLASS: I

Subject: CS

Month	Week	Topics	Sub Topics	Activities
April	W1	INTRODUCTION TO COMPUTERS	- Computer and its uses - Parts of a computer - Types of computers - How to use a computer	Reading, Writing and Practical
April	W2	INTRODUCTION TO COMPUTERS	- Computer and its uses - Parts of a computer - Types of computers - How to use a computer	Reading, Writing and Practical
April	W3	INTRODUCTION TO COMPUTERS	- Computer and its uses - Parts of a computer - Types of computers - How to use a computer	Reading, Writing and Practical
April	W4	INTRODUCTION TO COMPUTERS	- Computer and its uses - Parts of a computer - Types of computers - How to use a computer	
April	W5	INTRODUCTION TO COMPUTERS	- Computer and its uses - Parts of a computer - Types of computers - How to use a computer	Reading, Writing and Practical

Month	Week	Topics	Sub Topics	Activities
May	W1	MOUSE GAMES WITH GCOMPIS	- Parts of a mouse and their uses - How to move and use the mouse	Reading, Writing and Practical
May	W2	MOUSE GAMES WITH GCOMPIS	- Parts of a mouse and their uses - How to move and use the mouse	Reading, Writing and Practical
May	W3	MOUSE GAMES WITH GCOMPIS	- Parts of a mouse and their uses - How to move and use the mouse	Reading, Writing and Practical
May	W4	2(3)	T.	
May	W5		SM	

# Topics Sub Topics Activities

June	W3	2 4	1 A	
June	W4	KEYBOARD GAMES WITH GCOMPIS	- Different types of keys on a keyboard - Typing skills - Different keyboard keys to play games	Reading, Writing and Practical
June	W5	KEYBOARD GAMES WITH GCOMPIS	- Different types of keys on a keyboard - Typing skills - Different keyboard keys to play games	Reading, Writing and Practical

Week

W1

W2

Month

June

June

Month	Week	Topics	Sub Topics	Activities
July	W1	KEYBOARD GAMES WITH GCOMPIS	- Different types of keys on a keyboard - Typing skills - Different keyboard keys to play games	Reading, Writing and Practical
July	W2	KEYBOARD GAMES WITH GCOMPIS	- Different types of keys on a keyboard - Typing skills - Different keyboard keys to play games	Reading, Writing and Practical
July	W3	KEYBOARD GAMES WITH GCOMPIS	- Different types of keys on a keyboard - Typing skills - Different keyboard keys to play games	Reading, Writing and Practical
July	W4	KEYBOARD GAMES WITH GCOMPIS	- Different types of keys on a keyboard - Typing skills - Different keyboard keys to play games	Reading, Writing and Practical
July	W5	KEYBOARD GAMES WITH GCOMPIS	<ul> <li>Different types of keys on a keyboard</li> <li>Typing skills</li> <li>Different keyboard keys to play games</li> </ul>	Reading, Writing and Practical

Month	Week	Topics	Sub Topics	Activities
August		INTRODUCTION TO TUX PAINT	- Draw using the Paint tool, Lines tool, and Shapes tool	Reading, Writing and Practical
		11 00	- Combine shapes	// K//
		112	and lines to create objects	
		notice of the second	- <mark>C</mark> olour pictures using the Fill tool	12
August		INTRODUCTION TO TUX	- Draw using the	Re <mark>ading, Writing and</mark> Practical
		PAINT	Paint tool, Lines tool, and Shapes tool	_(3)*
			- Combine shapes	
			and lines to create	
			objects	
			- Colour pictures	
Δ	TAZO	INTEROPLICATION TO THE	using the Fill tool	Dec 1's a VAY 'ta's a seal Deceation!
August		INTRODUCTION TO TUX PAINT	- Draw using <mark>the</mark> Paint tool, Lines tool,	Reading, Writing and Practical
		PAINI	and Shapes tool	
			- Combine shapes	
			and lines to create	
			objects	
			- Colour pictures	
			using the Fill tool	
August		INTRODUCTION TO TUX		Reading, Writing and Practical
		PAINT	Paint tool, Lines tool,	A
		4.50	and Shapes tool	Cestign :
	32	ACM I	- Combi <mark>ne shapes</mark> and lines to create	325
	130	-00	objects	
			- Colour pictures	
	14	961190	using the Fill tool	
August	W5	INTRODUCTION TO TUX		Reading, Writing and Practical
	- 111	PAINT	Paint tool, Lines	
	- 73	T-10 1 1 1 1 1 1	tool, and Shapes tool	
	16	PAIN	- Combine shapes	
			and lines to create	
			objects Colour pictures	
			- Colour pictures using the Fill tool	
		(32)	using the rill tool	

Month	Week	Topics	Sub Topics	Activities
September	W1	SHAPES AND OBJECTS IN TUX PAINT	- Draw shapes and objects - Add text to drawings	Reading, Writing and Practical
September	W2	SHAPES AND OBJECTS IN TUX PAINT	- Draw shapes and objects - Add text to drawings	Reading, Writing and Practical
September	W3	SHAPES AND OBJECTS IN TUX PAINT	- Draw shapes and objects - Add text to drawings	Reading, Writing and Practical
September	W4	SHAPES AND OBJECTS IN TUX PAINT	- Draw shapes and objects - Add text to drawings	Reading, Writing and Practical
September	W5	INTRODUCTION TO NOTEPAD	- Type and save notes in Notepad - Basic text editing - Text formatting	Reading, Writing and Practical

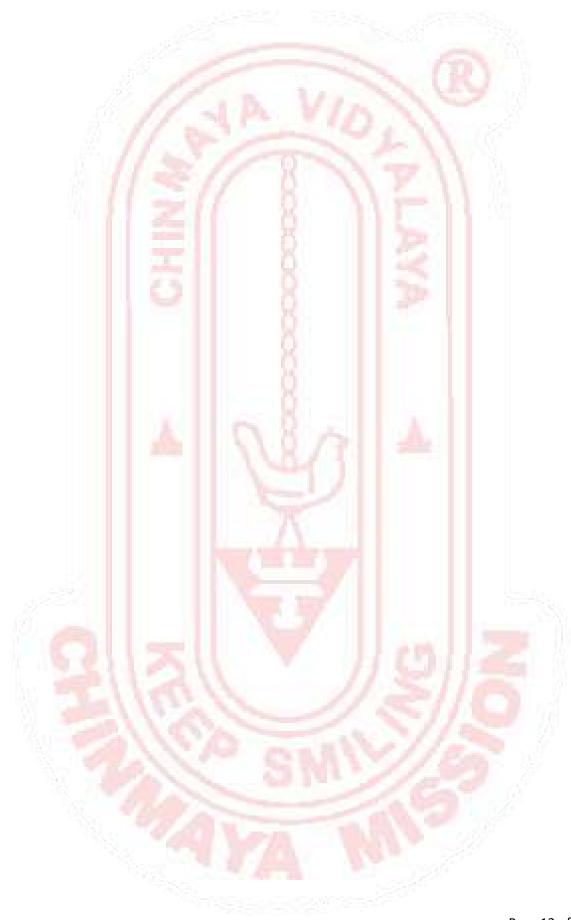
Month	Week	Topics	Sub Topics	Activities
October		INTRODUCTION TO NOTEPAD	- Type and save notes in Notepad - Basic text editing - Text formatting	Reading, Writing and Practical
October	W2	INTRODUCTION TO NOTEPAD	- Type and save notes in Notepad - Basic text editing - Text formatting	Reading, Writing and Practical
October		STORY CREATION IN STORYBOOK WEAVER	- How to work with Storybook Weaver - Create a title page for a story - Add background, characters, and text to a story	Reading, Writing and Practical
October	W4	STORY CREATION IN STORYBOOK WEAVER		Reading, Writing and Practical
October	W5	STORY CREATION IN STORYBOOK WEAVER	- How to work with Storybook Weaver - Create a title page for a story - Add background, characters, and text to a story	Reading, Writing and Practical

Month	Week	Topics	Sub Topics	Activities
November	W1	STORY CREATION IN STORYBOOK WEAVER	- How to work with Storybook Weaver - Create a title page for a story - Add background, characters, and text to a story	Reading, Writing and Practical
November	W2	INTRODUCTION TO CODING WITH SCRATCHJR	- The basics of ScratchJr - Add background and characters	Reading, Writing and Practical
November	W3	INTRODUCTION TO CODING WITH SCRATCHJR	- The basics of ScratchJr - Add background and characters	Reading, Writing and Practical
November	W4	INTRODUCTION TO CODING WITH SCRATCHJR	- The basics of ScratchJr - Add background and characters	Reading, Writing and Practical
November	W5	INTRODUCTION TO CODING WITH SCRATCHJR	- The basics of ScratchJr - Add background and characters	Reading, Writing and Practical

Month	Week	Topics	Sub Topics	Activities
		AI AROUND US	- What is Artificial Intelligence (AI) - Natural Intelligence vs Artificial Intelligence - Intelligence - How AI learns and gets smarter - AI devices and their uses	Reading, Writing and Practical
December	W2	AI AROUND US	- What is Artificial Intelligence (AI) - Natural Intelligence vs Artificial Intelligence - Intelligence - How AI learns and gets smarter - AI devices and their uses	pilla.
December	W3	AI AROUND US	- What is Artificial Intelligence (AI) - Natural Intelligence vs Artificial Intelligence - Intelligence - How AI learns and gets smarter - AI devices and their uses	Reading, Writing and Practical

Docombor	107.0	AI AROUND US	- What is Artificial	Reading, Writing and Practical
December	V V <del>'1</del>	AI AROUND 03		Reading, Writing and Fractical
			Intelligence (AI)	
		6270	- Natural	and the same of
		15,000	Intelligence vs	and the second s
		192	Artificial	
			Intelligence	
		34	- Intelligence	
			- How AI learns and	
			gets smarter	
			- AI devices and	
			their uses	
December	W5	AI AROUND US	- What is Artificial	Reading, Writing and Practical
			Intelligence (AI)	
			- Natural	
		77	Intelligence vs	
		Action	Artificial	
		6.3	Intelligence	794
				- 100
			- Intellige <mark>nce</mark>	
			- How AI learns and	
			gets smarter	
			- AI devices and	
			their uses	





## Chinmaya Vidyalaya NTPC Unchahar

## ANNUAL SYLLABUS BREAK UP

SESSION: 2025-2026

CLASS: I

Month	Week	Topics	Sub Topics	Activities
April	W1	INDIA-Our Country	<ol> <li>Our National Flag</li> <li>My State</li> </ol>	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions
April	W2	INDIA-Our Country	3. Monuments of India 4. Famous Indians	Explanation, , Class Discussion, Practice Questions
April	W3	Sports Round-Up	5. Types of Balls 6. Let's Play Cricket	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions
April	W4	Sports Round-Up	7. Know Your Sports (Pg 8) 8. Legendary Indian Sportspersons	Explanation, , Class Discussion, Practice Questions
April	W5	Grammar and Language	9. Animal Sounds (Pg 11) 10. Describing Words (Pg 12)	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions

#### Subject: GK **Month Week Sub Topics Topics** Activities Grammar and Language 11. Opposites (Pg W1 Explanation, , Class May 14) Discussion, Practice Questions Plant and Animal Kingdom 12. Name the Animal (Pg 17) Plant and Animal Kingdom 13. Identify the May W2 Introduction, Explanation, Vegetables (Pg 19) Number tracing, Recognition 14. Animal Homes (Pg Activities, Practice Questions 20) SUMMER BREAK W3 May SUMMER BREAK May W4 W5 **SUMMER BREAK** May

Subject:	GK
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Month	Week	Topics	Sub Topics	Activities
June	W1	SUMMER BREAK	E	
June	W2	SUMMER BREAK	A Kill	
June	W3	SUMMER BREAK	18 A	
June	W4	Exploring Science	15. Water 16. The Sky	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions
June	W5	Exploring Science	17. Living and Non-living Things 18. Household Gadgets	Explanation, , Class Discussion, Practice Questions

Month	Week	Topics	Sub Topics	Activities	
July W1		Thinking and No. Skills  Our world and the environment	19. Find the Odd One (Pg 26) 20. Clothes We Wear	Introduction, Explanation Number tracing, Recognition Activities, Practice Questions	
July	W2	Our world and the environment	21. Monuments of the World (Pg 28) 22. Our Houses (Pg 29)	Explanation, , Class Discussion, Practice Questions	
July	W3	Literature and Entertainment	23. Cartoons (Pg 30) 24. Fairy Tales (Pg 31)	Introduction, Explanation Number tracing, Recognition Activities, Practice Questions	
July	W4	Literature and Entertainment Life LifeSkills and Value Ed.	25. Magic Land (Pg 32) 26. Introduction (Pg 33)	Explanation, , Class Discussion, Practice Questions	
July	W5	LifeSkills and Value Ed.	27. Safety on the Road (Pg 34) 28. Telling the Time	Introduction, Explanation Number tracing, Recognition Activities, Practice Questions	

Month	Week	Topics	Sub Topics	Activities
Aug	W1	INDIA-Our Country	29. My Country (Pg 39) 30. Places of Worship (Pg 40)	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions
Aug	W2	INDIA-Our Country Sports Round-Up	31. Festivals of India (Pg 41) 32. Fun Activities	Explanation, , Class Discussion, Practice Questions
Aug	W3	Sports Round-Up	33. Famous Sports Personalities (Pg 43) 34. Sports Equipment	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions
Aug	W4	Grammar and Language	35. Gender (Pg 45) 36. Articles	Explanation, , Class Discussion, Practice Questions
Aug	W5	Plant and animal kingdom	37. joining words 38. parts of a plant	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions

Subject: GK				
Month	Week	Topics	Sub Topics	Activities
Sep	W1	REVISION		
Sep	W2	REVISION	20000	
Sep	W3	REVISION		
Sep	W4	REVISION		
Sep	W5	Plant and animal kingdom	39. Fruits (Pg 49)	Explanation, , Class Discussion, Practice Questions

Month	Week	Topics	Sub Topics	Activities
Oct	W1	Plant and animal kingdom <b>DUSSHERA BREAK</b>	40. Animal Babies	Explanation, , Class Discussion, Practice Questions
Oct	W2	Exploring Science	41. My Body 42. First Aid	Explanation, , Class Discussion, Practice Questions
Oct	W3	Exploring Science  DIWALI BREAK	43. My Home 44. Fun with Numbers	Explanation, , Class Discussion, Practice Questions
Oct	W4	Thinking And no. Skills	45. Secret Message	Explanation, , Class Discussion, Practice Questions
Oct	W5	Our world and the environment	46. General introduction	Explanation, , Class Discussion, Practice Questions

Month	Week	Topics	Sub Topics	Activities
Nov	W1	Our world and the environment	46.Transport	Explanation, , Tracing, Recognition, Class Discussion, Practice Questions
Nov	W2	Our world and the environment	47. Clean Environment	Explanation, , Tracing, Recognition, Class Discussion, Practice Questions
Nov	W3	Our world and the environment	48. Weather	Explanation, Tracing, Recognition, Class Discussion, Practice Questions
Nov	W4	Literature and Entertainment 49. Bedtime Stories		Explanation, Tracing, Recognition, Class Discussion, Practice Questions
Nov	W5	Literature and Entertainment	50. Musical Instruments	Explanation, , Tracing, Recognition, Class Discussion, Practice Questions

Month	Week	Topics	Sub Topics	Activities
Dec	W1	Literature and Entertainment	51. Rhymes	Explanation, , Tracing, Recognition, Class Discussion, Practice Questions
Dec	W2	LifeSkills and Value Ed.	52. My Family	Explanation, Tracing, Recognition, Class Discussion, Practice Questions
Dec	W3	LifeSkills and Value Ed	53. Good and Bad Habits	Explanation, , Tracing, Recognition, Class Discussion, Practice Questions
Dec	W4	LifeSkills and Value Ed	54. Child Safety	Explanation, , Tracing, Recognition, Class Discussion, Practice Questions
Dec	W5	Practice Questions	55. Test Paper - I	Solving test papers

#### Subject: GK Week Month **Topics Sub Topics Activities** W1 WINTER BREAK Jan WINTER BREAK W2 Jan Practice Questions 56. Test Paper - II Jan W3 Solving test papers 57. Test Paper - III 58. Test Paper - IV W4 Practice Questions Jan Solving test papers **REVISION FOR ANUUAL** W5 Jan **EXAMINATION**

Subject: GK				
Month	Week	Topics	Sub Topics	Activities
Feb		REVISION FOR ANUUAL EXAMINATION		
Feb		REVISION FOR ANUUAL EXAMINATION	N/A	
Feb		REVISION FOR ANUUAL EXAMINATION		
Feb		REVISION FOR ANUUAL EXAMINATION		
Feb	W5	REVISION FOR ANUUAL EXAMINATION		

Subject: GK					
Month	Week	Topics	Sub Topics	Activities	
Mar	W1	REVISION FOR ANUUAL EXAMINATION			
Mar	W2	REVISION FOR ANUUL EXAMINATION	AL B		
Mar	W3	REVISION FOR ANUUAL EXAMINATION	N83 4		
Mar	W4	REVISION FOR ANUUL EXAMINATION	AL		
Mar	W5	REVISION FOR ANUUL EXAMINATION	AL		

Chapter No./Chapter Name
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## Chinmaya Vidyalaya NTPC Unchahar

## ANNUAL SYLLABUS BREAK UP

SESSION: 2025-2026

**CLASS: PREP TO ONE** 

Month	Week	7	opics	Sub Topics	Activities
April	W1	Running	CHINA	Basic Running, Speed, Endurance	- Warm-up (5 mins) - Short sprints (5 mins) - Obstacle course (10 mins) - Cool down (5 mins)
April	W2	Jumping		Two-foot Jump, One-foot Jump	- Warm-up (5 mins) - Jumping on the spot (5 mins) - Jumping over small hurdles (10 mins) - Long jump practice (10 mins)
April	W3	Kicking		Kicking a ball, Accuracy	<ul> <li>Warm-up (5 mins)</li> <li>Kicking a stationary ball (5 mins)</li> <li>Kicking a moving ball (10 mins)</li> <li>Target kicking (10 mins)</li> </ul>
April	W4	Catching		Hand-eye Coordination, Catching Balls	- Warm-up (5 mins) - Tossing and catching a ball (5 mins) - Catching with partners (10 mins) - Group catching game (10 mins)
April	W5		Ser. Contract of the series of	SMI	

Month	Week	Topi	cs	Sub Topics	Activities
May	W1	Kicking		Kicking a ball, Accuracy	- Warm-up (5 mins) - Kicking a stationary ball (5 mins) - Kicking a moving ball (10 mins) - Target kicking (10 mins)
May	W2	Catching		Hand-eye Coordination, Catching Balls	- Warm-up (5 mins) - Tossing and catching a ball (5 mins) - Catching with partners (10 mins) - Group catching game (10 mins)

Month	Week	Topics	Sub Topics	Activities
JUNE	W1	Jumping	Two-foot Jump, One-foot Jump	- Warm-up (5 mins) - Jumping on the spot (5 mins) - Jumping over small hurdles (10 mins) - Long jump practice (10 mins)

Month	Week	Topics	Sub Topics	Activities
		Topics	Sub Topics	Activities
JULY	W1	Kicking, Catching	Precision Kicking, Catching Games	<ul> <li>Warm-up (5 mins)</li> <li>Kicking for accuracy (10 mins)</li> <li>Catching with partners (10 mins)</li> <li>Passing ball games (5 mins)</li> </ul>
	W2	Hopping, Wide Stepping	Balance & Coordination	- Warm-up (5 mins) - Hopping drills (10 mins) - Wide stepping (5 mins) - Agility ladder drills (10 mins)
	W3	Kicking, Catching	Precision Kicking, Catching Games	- Warm-up (5 mins) - Kicking for accuracy (10 mins) - Catching with partners (10 mins) - Passing ball games (5 mins)
	W4	Hopping, Wide Stepping	Balance & Coordination	- Warm-up (5 mins) - Hopping drills (10 mins) - Wide stepping (5 mins) - Agility ladder drills (10 mins)
	W5	Kicking, Catching	Precision Kicking, Catching Games	- Warm-up (5 mins) - Kicking for accuracy (10 mins) - Catching with partners (10 mins) - Passing ball games (5 mins)

Month	Week	Topics	Sub Topics	Activities
AUGUST	W1	Ladder Climbing	Agility and Coordination	- Warm-up (5 mins) - Ladder climbing practice (10 mins) - Balance beam walk (5 mins) - Obstacle course (10 mins)
	W2	Balance	Dynamic Balance Training	- Warm-up (5 mins) - Standing on one leg (5 mins) - Balance beam (10 mins) - Balance and coordination games (5 mins
	W3	Ladder Climbing	Agility and Coordination	- Warm-up (5 mins) - Ladder climbing practice (10 mins) - Balance beam walk (5 mins) - Obstacle course (10 mins)
	W4	Balance	Dynamic Balance Training	- Warm-up (5 mins) - Standing on one leg (5 mins) - Balance beam (10 mins) - Balance and coordination games (5 mins
	W5	Ladder Climbing	Agility and Coordination	- Warm-up (5 mins) - Ladder climbing practice (10 mins) - Balance beam walk (5 mins) - Obstacle course (10 mins)

Subject: SPORT AND GAME					
Month	Week	Topics	Sub Topics	Activities	
SEPTEMBER	W1	HALF YEARLY EXAM 10 SEP TO 23 SEP			
	W2	ā			
	W3	4 0			
	W4				
	W5			ğ	

Month	Week	Topics	Sub Topics	Activities
OCTOBER	W1	Recreational Activities	Teamwork and Cooperation Games	- Warm-up (5 mins) - Relay races (10 mins) - Balloon toss (5 mins) - Group running game (5 mins)
	W2	Callisthenic Exercise	Strengthening Upper Body (Push-ups)	- Warm-up (5 mins) - Push-ups (5 mins) - Squats (5 mins) - Upper body circuit (10 mins)
	W3	Recreational Activities	Teamwork and Cooperation Games	- Warm-up (5 mins) - Relay races (10 mins) - Balloon toss (5 mins) - Group running game (5 mins)
	W4	Callisthenic Exercise	Strengthening Upper Body (Push-ups)	- Warm-up (5 mins) - Push-ups (5 mins) - Squats (5 mins) - Upper body circuit (10 mins)
	W5	Recreational Activities	Teamwork and Cooperation Games	- Warm-up (5 mins) - Relay races (10 mins) - Balloon toss (5 mins) - Group running game (5 mins)

Month	Week	77. 44		
Wonth	week	Topics	Sub Topics	Activities
NOVEMBER	W1	Free Hand Exercise	Stretching and Flexibility	- Warm-up (5 mins) - Full body stretches (10 mins) - Relaxation poses (5 mins) - Core work (5 mins)
	W2	Running, Jumping	Speed and Agility Drills	- Warm-up (5 mins) - Sprint races (5 mins) - Jumping over hurdles (5 mins) - Running relay (5 mins)
	W3	Free Hand Exercise	Stretching and Flexibility	- Warm-up (5 mins) - Full body stretches (10 mins) - Relaxation poses (5 mins) - Core work (5 mins)
6	W4	Running, Jumping	Speed and Agility Drills	- Warm-up (5 mins) - Sprint races (5 mins) - Jumping over hurdles (5 mins) - Running relay (5 mins)
	W5	Free Hand Exercise	Stretching and Flexibility	- Warm-up (5 mins) - Full body stretches (10 mins) - Relaxation poses (5 mins) - Core work (5 mins)

#### **Subject: SPORT AND GAME**

		The state of the s		
Month	Week	Topics	Sub Topics	Activities
DECEMBER	W1	Kicking, Catching	Kicking for Accuracy and Catching	- Warm-up (5 mins) - Kicking practice (10 mins) - Catching drills (10 mins) - Fun football passing (5 mins)
	W2	Hopping, Wide Stepping	Coordination and Agility	- Warm-up (5 mins) - Hopping on one foot (5 mins) - Wide Stepping (5 mins) - Agility exercises (5 mins
	W3	Kicking, Catching	Kicking for Accuracy and Catching	<ul> <li>Warm-up (5 mins)</li> <li>Kicking practice (10 mins)</li> <li>Catching drills (10 mins)</li> <li>Fun football passing (5 mins)</li> </ul>
	W4	Hopping, Wide Stepping	Coordination and Agility	- Warm-up (5 mins) - Hopping on one foot (5 mins) - Wide Stepping (5 mins) - Agility exercises (5 mins
	W5	Kicking, Catching	Kicking for Accuracy and Catching	- Warm-up (5 mins) - Kicking practice (10 mins) - Catching drills (10 mins) - Fun football passing (5 mins)

#### **Subject: SPORT AND GAME**

Month	Week	Topics	Sub Topics	Activities
JANUARY	W1	Ladder Climbing	Strength and Balance	- Warm-up (5 mins) - Ladder climbing practice (10 mins) - Balance drills (5 mins) - Fun obstacle course (10 mins)
	W2	Balance	Stability and Coordination	- Warm-up (5 mins) - Balance beam walking (10 mins) - Static balance (5 mins) - Group balance games (5 mins)
	W3		Q	
		A	D&3 =	
	W4			
			7 7	
	W5		3	6

#### **Subject: SPORT AND GAME**

Month	Week	Topics	Sub Topics	Activities
FEBRUARY	W1	Free Hand Exercise	Stretching and Flexibility	- Warm-up (5 mins) - Full body stretches (10 mins) - Relaxation poses (5 mins) - Core work (5 mins)
	W2	Running, Jumping	Speed and Agility Drills	- Warm-up (5 mins) - Sprint races (5 mins) - Jumping over hurdles (5 mins) - Running relay (5 mins)
	W3		8	
		9 4	B/3 ▲	
	W4			
			311	200.00
	W5	3/3/	7/2	18
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## **Subject: SPORT AND GAME** Month Week Topics **Sub Topics Activities** W1 W2 W3 W4 W5

Chapter No./Chapter Name
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# Chinmaya Vidyalaya NTPC Unchahar

## ANNUAL SYLLABUS BREAK UP

SESSION: 2025-2026

CLASS: I

Month	Week	Topics	Sub Topics	Activities
Α 11	¥474			The state of the s
April	W1	Physical Fitness	R Mi	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions
April	W2	Physical Fitness	ă II	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
April	W3	Handling Emotions	Man	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions
April	W4	Handling Emotions	P 300	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
April	W5	Kindling the Intellect:		Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions

Month	Week	Topics	Sub Topics	Activities
May	W1	Kindling the Intellect:	Watch Out!	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
May	W2	Spiritual Philosophical Concepts	Parvati Devi's Box of Ants	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions
May	W3	SUMMER BREAK	¥9  =	
May	W4	SUMMER BREAK		
May	W5	SUMMER BREAK	SMI	

Month	Week	Topics	Sub Topics	Activities
June	W1	SUMMER BREAK		
June	W2	SUMMER BREAK	00000	
June	W3	SUMMER BREAK		
June	W4	Spiritual Philosophical Concep	rts Parvati Devi's Box of Ar	nts Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
June	W5	Festivals	Makar Sankranti	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions

#### **Subject: Value Education** Week Month **Topics Sub Topics Activities** W1 **Festivals** Makar Sankranti Explanation, Counting July Exercises, Tracing, Recognition, Class Discussion, Practice Questions W2 Pride About the Country: Wonderful Monuments Introduction, Explanation, July Number tracing, Recognition Activities, Practice Questions Pride About the Country: W3 Wonderful Monuments July Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions W4 **Environmental Education** Water for Life July Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions July W5 **Environmental Education** Water for Life Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice

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Month	Week	172-1		1/4- 3	
WICHT	VVCCK	Topics	LP.	Sub Topics	Activities
Aug	W1	Food and Nutrition		Fast—A Difficult allenge	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions
Aug	W2	Food and Nutrition		Fast—A Difficult allenge	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
Aug	W3	Management	Ti	ger or Fox?	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions
Aug	W4	Management	Ti	ger or Fox?	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
Aug	W5	Cultural Heritage and Awareness		alking Puppets	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions

### **Subject: Value Education Topics Sub Topics** Activities **REVISION** W2 **REVISION** REVISION

Talking Puppets

The Boy Who Loved His

Country

Week

W1

W3

W4

W5

Cultural Heritage and

Civic Consciousness

Awareness

Month

Sep

Sep

Sep

Sep

Sep

Explanation, Counting

Introduction, Explanation,

Recognition Activities, Practice Questions

Number tracing,

Exercises, Tracing, Recognition, Class Discussion, Practice

Questions

Month	Week	Topics	Sub Topics	Activities
Oct	W1	Civic Consciousness  DUSSHERA BREAK	The Boy Who Loved His Country	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
Oct	W2	Hygiene	The Animals Have a Mix-Up	Introduction, Explanation Number tracing, Recognition Activities, Practice Questions
Oct	W3	Hygiene  DIWALI BREAK	The Animals Have a Mix-Up	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
Oct	W4	Spiritual Scriptures	Adipatthar Nayanar	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions
Oct	W5	Spiritual Scriptures	Adipatthar Nayanar	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions

Month	Week	Topics	Sub Topics	Activities
Nov	W1	Aesthetics:	Let's Be Gentle	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions
Nov	W2	Aesthetics:	Let's Be Gentle	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
Nov	W3	Spiritual Scriptures	The Story of Ramayana	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions
Nov	W4	Spiritual Scriptures	The Story of Ramayana	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
Nov	W5	Pride of India	Jaswant Singh Rawat	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions

Month	Week	Topics	Sub Topics	Activities
Dec	W1	Pride of India	Jaswant Singh Rawat	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
Dec	W2	Vasudhaiva Kutumbakam	Nobel Prize	Introduction, Explanation Number tracing, Recognition Activities, Practice Questions
Dec	W3	Vasudhaiva Kutumbakam	Nobel Prize	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
Dec	W4	Physical Grooming	Needle, Conch, and Water	Introduction, Explanation Number tracing, Recognition Activities, Practice Questions
Dec	W5	Physical Grooming	Needle, Conch, and Water	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions

Month	Week	Topics	Sub Topics	Activities
Jan	W1	WINTER BREAK		
Jan	W2	WINTER BREAK	500000	
Jan	W3	Strengths	A Taste of India	Introduction, Explanation Number tracing, Recognition Activities, Practice Questions
Jan	W4	Countries	Common and Unique Things: Get the Beats Going	Explanation, Counting Exercises, Tracing, Recognition, Class Discussion, Practice Questions
Jan	W5	Countries	Common and Unique Things: Get the Beats Going	Introduction, Explanation, Number tracing, Recognition Activities, Practice Questions

Month	Week	Topics	Sub Topics	Activities
Feb	W1	REVISION FOR ANUUAL EXAMINATION		N.
Feb	W2	REVISION FOR ANUUAI EXAMINATION		
Feb	W3	REVISION FOR ANUUAL EXAMINATION		
Feb	W4	REVISION FOR ANUUAL EXAMINATION		
Feb	W5	REVISION FOR ANUUAI EXAMINATION	Way Sales	3

Month	Week	Topics	J.A.	Sub Topi	cs	Activities
Mar	W1	REVISION FOR ANUUAL EXAMINATION		1	A PL	
Mar	W2	REVISION FOR ANU EXAMINATION	JUAL		N.Y.A.	
Mar	W3	REVISION FOR ANUUAL EXAMINATION	2	A	<u>A</u>	
Mar	W4	REVISION FOR ANU EXAMINATION	JUAL	7		
Mar	W5	REVISION FOR ANU EXAMINATION	JUAL	1	5	NO.

Examination	Chapter No./Chapter Name
PT-1	
Ferm-1/Half Yearly Exam	
PT-2	8
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Term- 2/Annual Exam	
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